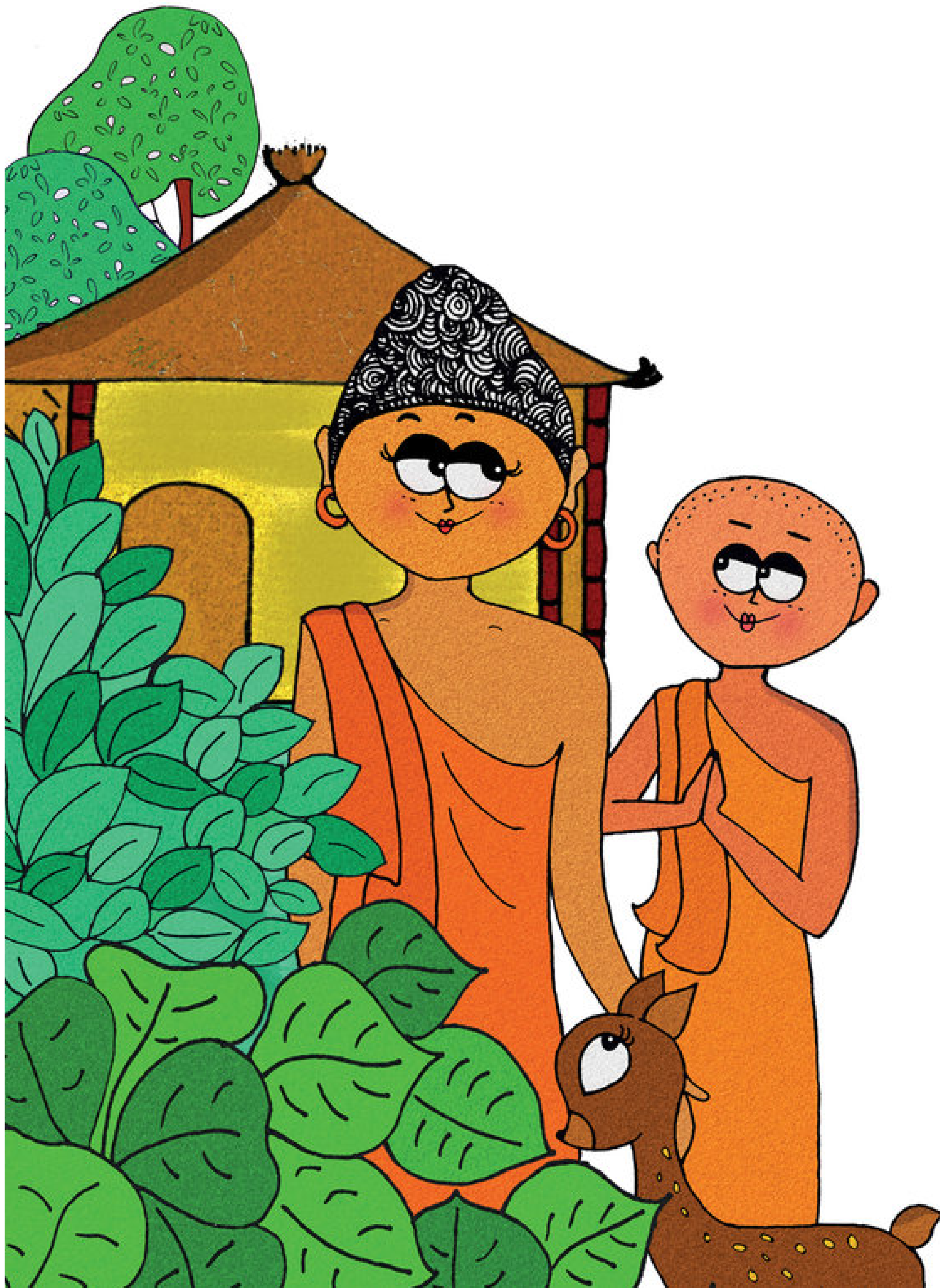


पुरानो ओढ्नेको के भयो ?

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Illustrator: Debasmita Dasgupta
Translator: Anbika Giri

Level 3





एक दिन गौतम बुद्ध गुम्बामा
टहलिँदै हुनुहुन्थ्यो ।

एक जना भिक्षु उहाँ नजिक आएर
एउटा नयाँ उनीको ओढ्ने मागे ।



“तिम्रो पुरानो ओढ्ने के भयो ?” बुद्धले सोध्नुभयो ।

“त्यो एकदमै पुरानो भयो । च्यातिएको पनि छ । त्यसैले मैले त्यसलाई तन्ना बनाएर ओछ्याएको छु ।” भिक्षुले भने ।



“तर, तिम्रो तन्ना के भयो र ओढ्नेलाई तन्ना बनाएर ओछ्यायौ ?” बुद्धले फेरि सोध्नुभयो ।

“गुरू ! तन्ना ओछ्याउँदा ओछ्याउँदा साह्रै पुरानो भयो । धेरै ठाउँमा च्यातियो पनि । त्यसैले मैले त्यसलाई काटेर सिरानीको खोल बनाएको छु ।” भिक्षुले जबाफ दिए ।



“सिरानीको खोल त छँदै थियो होला ! पुरानो सिरानीको खोलको के गऱ्यौ नि ?” बुद्धले सोध्नुभयो ।

“लाखौँचोटि मेरो टाउको मडारिँदा मडारिँदा पुरानो सिरानीको खोलमा ठुलो भ्वाङ भयो । त्यसैले मैले त्यसलाई खुट्टा पुछ्ने बनाएको छु ।” भिक्षुले विनम्रतासाथ भने ।



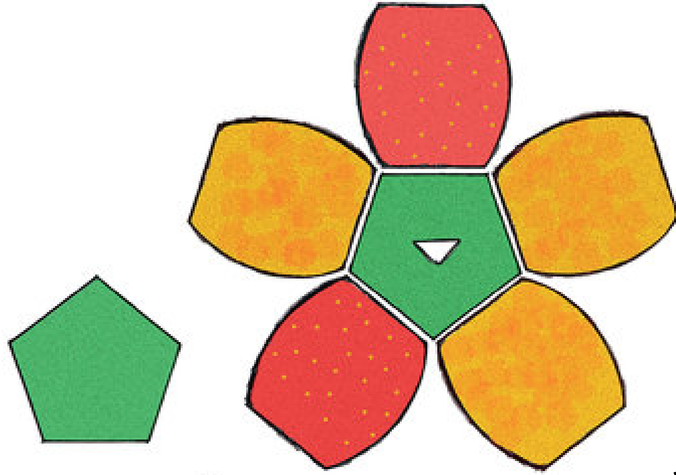
गौतम बुद्धलाई भिक्षुको कुराले अझै चित्त बुझेको थिएन । उहाँ अझै कुराको जान चाहनुहुन्थ्यो ।

“तिमीले खुट्टा पुछने पुरानो टालोचाहिँ के गऱ्यौ ?” बुद्धले भिक्षुलाई अझै केर्नुभयो ।



भिक्षुले हात जोड्दै भने— “गुरू, त्यो टालो पूरै च्यातिइसकेको थियो । खुट्टा पुछता पुछता त्यसका धागाका रेसासमेत निस्किसकेका थिए । मैले ती रेसाहरूको बत्ती बनाए र दियो जलाएँ ।”

भिक्षुको कुरा सुनेर बुद्ध मुस्कुराउनुभयो । अनि ती भिक्षुले नयाँ ओढ्ने पाए ।

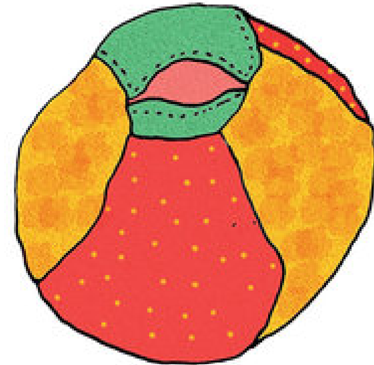


कपडाको भकुन्डो बनाउनुस्

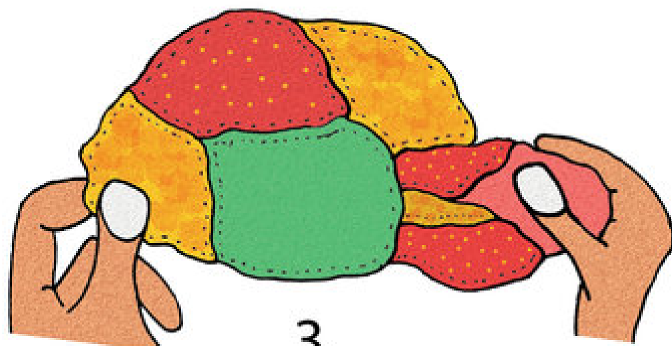
1.

१. पुनः प्रयोग गर्न मिल्ने पुराना कपडा जम्मा गर्नुहोस् । विभिन्न रङ्गका ती कपडाका दुई टुक्रा पञ्चकोणमा र पाँच टुक्रा लाउरे फूलको पत्र जस्तो आकारमा चित्रमा देखाए जस्तै गरी काट्नुहोस् ।

२. अब यिनीहरूलाई आपसमा जोडेर सियो, धागोले सिउनुहोस् । अथवा ठुलो मान्छेलाई भनेर मेसिनमा सिलाइमाग्नुहोस् । एउटा पञ्चकोणको टुक्रामा प्वाल पार्नुहोस् ।



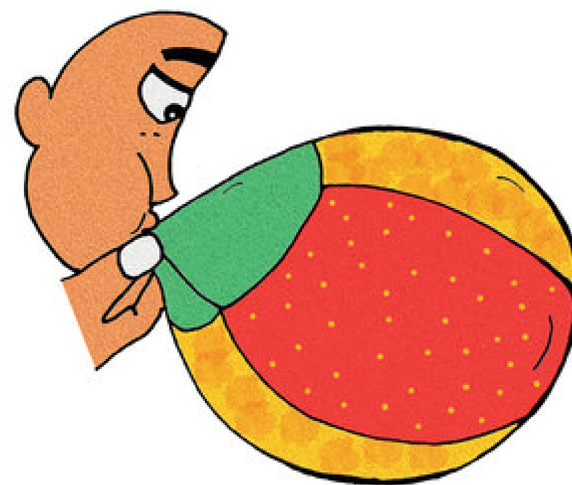
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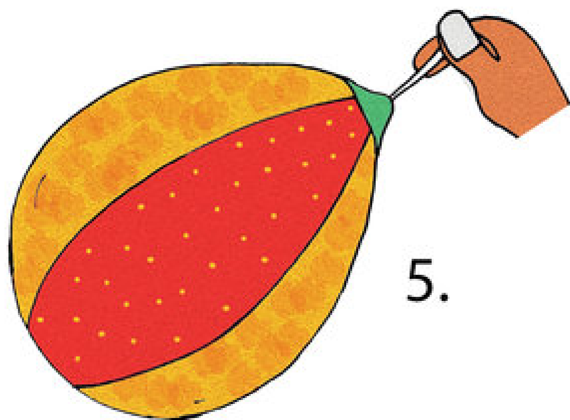


३. अब त्यसलाई उल्टाएर सिइएको भाग भित्रतिर पार्नुहोस्

।

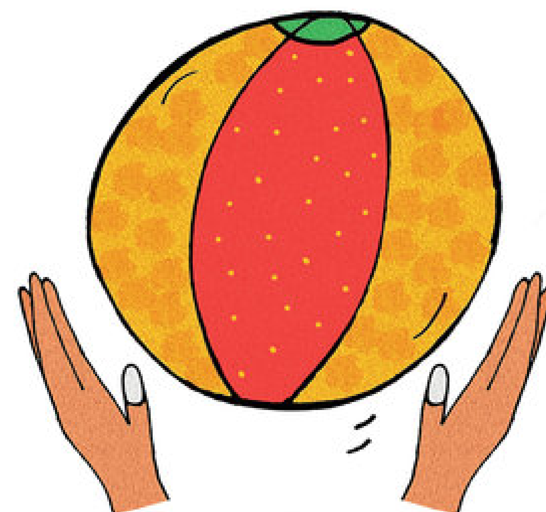
४. त्यसभित्र एउटा दह्रो खालको बेलुन राख्नुहोस्
र त्यसलाई फुक्नुहोस् ।





५. बेलुनको मुख बाँध्नुहोस् र कपडाभित्रै घुसारिदिनुहोस् ।

६. वाह ! तपाईंको रङ्गीबिरङ्गी कपडाको भकुन्डो तयार भयो ।





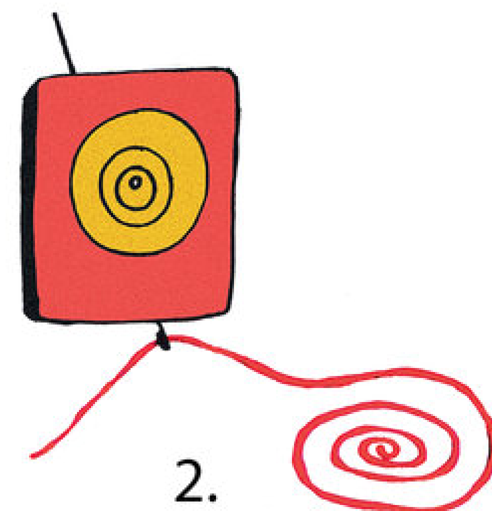
1.

धागोको कमाल

यहाँ एउटा सजिलो उपाय छ, जसले धागोको लहरोसँग रमाइलो गर्दै खेल्न सिकाउँछ ।

१. सलाईको एउटा खाली बट्टा लिनुहोस् ।

२. लगभग ७० सेन्टिमिटर लामो धागो सलाइको बट्टाको एउटा कुनाबाट अर्को कुनामा पुग्ने गरी घुसार्नुहोस् ।



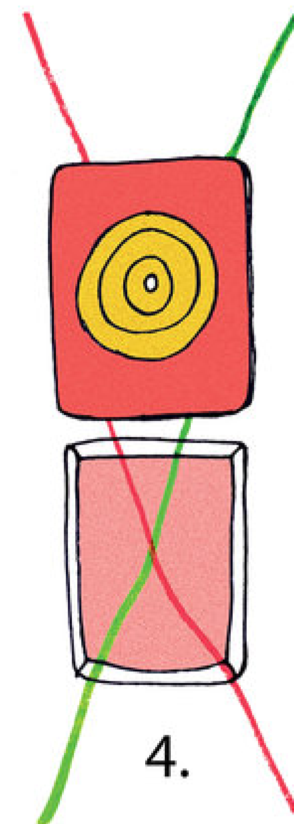
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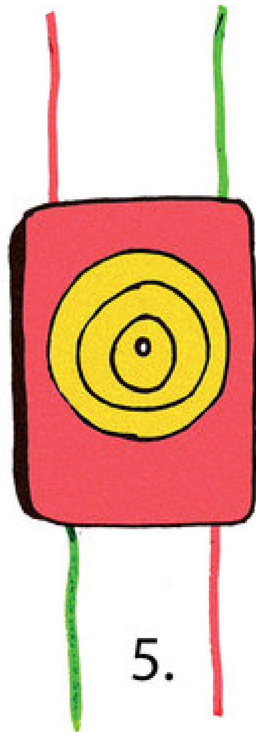


३. अर्को कुनाबाट उत्तिनै लम्बाइको अर्को
धागो त्यसै गरी छिराउनुहोस् र
दुवैतिरको टुप्पोलाई

रङ्गको
दुवैको
आपसमा बाँध्नुहोस् ।

४. आफ्नो कुनै साथीलाई धागोको दुवै टुप्पो पक्रन भन्नुहोस् ।
तपाईं बिस्तारै सलाइको बट्टा खोल्नुहोस् र बन्द गर्नुहोस् ।





छक्क पर्नुभयो हैन त !

सलाईको बट्टाबाट बाहिर निस्कँदा धागोको रङ्ग बदलिँदै छजस्तो लाग्छ, हैन त !

यस्तै अरू रमाइला खेलका लागि

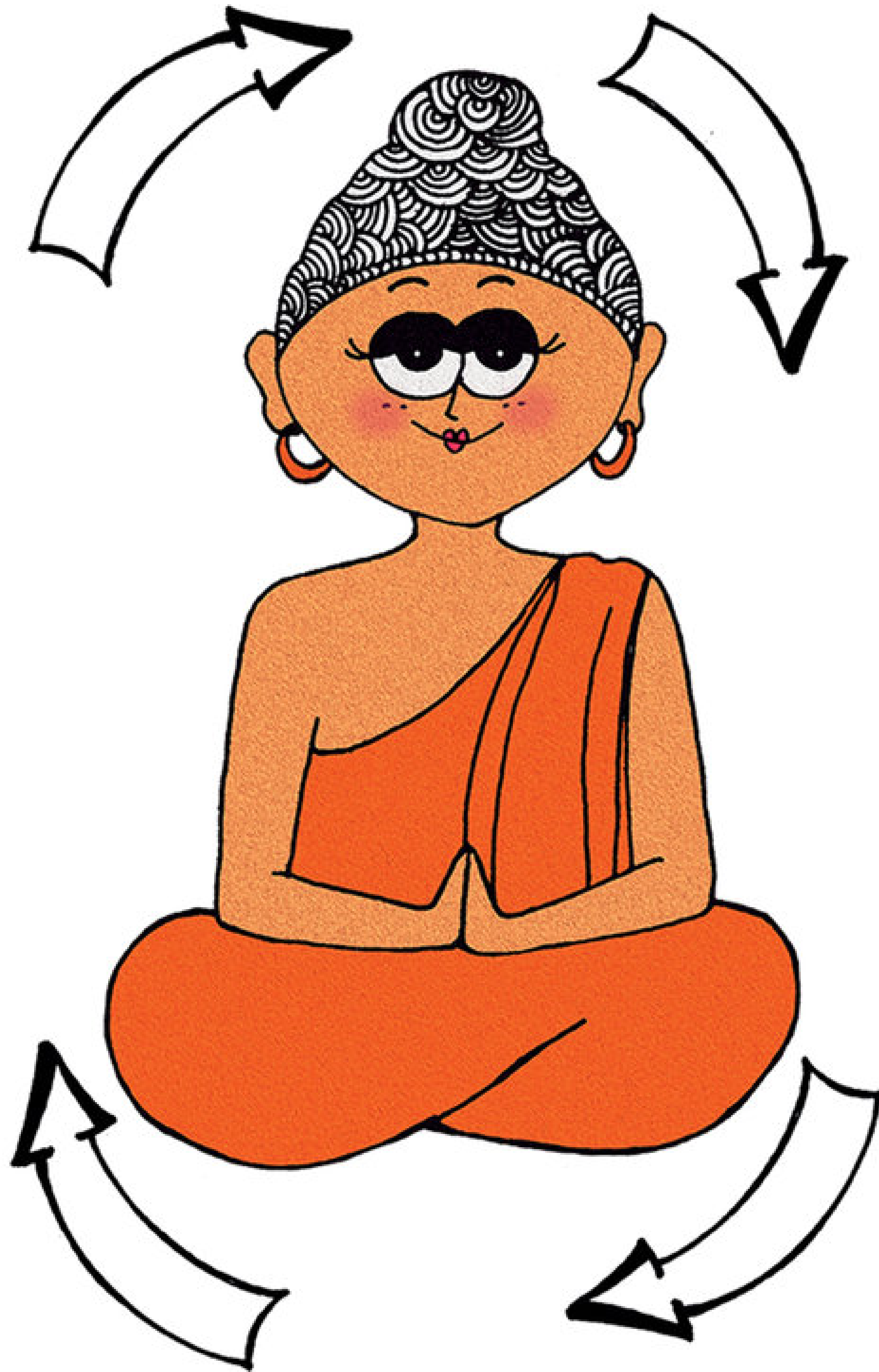
www.arvindguptatoys.com मा जानुहोस् ।



पुनः प्रयोग गर्नुहोस् ! फोहोर कम पार्नुहोस् !

हामी सामान किन्छौँ । प्रयोग गर्छौं । अनि केही नसोची त्यसलाई फ्याँक्छौँ । हामी आफूलाई चाहिनेभन्दा धेरै सामान किन्छौँ । घरी घरी त लाग्छ, हाम्रो मन्त्र नै 'धेरै किनौँ, धेरै फ्याँकौँ' भन्ने हो ।

हामी पानी, रूखबिरूवा, बालुवा, माटो जस्ता प्राकृतिक स्रोतको दुरूपयोग गर्छौं । टनका टन फोहोर बनाउँछौँ, जसले ठाउँ ठाउँमा फोहोरको पहाडै बन्दै गएको छ ।



यो कथा २५०० वर्षअगि भगवान् गौतम बुद्धको समयको हो । यो कथामा वस्तुको पुनः प्रयोगबारे गहिरो सुझबुझ देखाइएको छ । यो कथाले हामीलाई धेरै कुरा सिकाउँछ ।

PRATHAM BOOKS

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पुरानो ओढ्नेको के भयो ?

(Nepali)

यो गौतम बुद्धको पालाको कथा हो । यसले हामीलाई सामानको पून: प्रयोगबारे चाखलाग्दो कथाका माध्यमबाट सिकाउँछ ।

This is a Level 3 book for children who are ready to read on their own.



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